

August 29 & 30, 2008



Wellness in the Wild

<http://www.wildlifeprairiestatepark.org>

Nina Umair Spiro

Biography

Nina received a Bachelor in Psychology from Oneonta State, in Oneonta, NY. She graduated with a 4.0 GPA, and received an independent study award for her research program, held teaching assistantships in behavioral psychology, and was awarded a field placement at a mental health center in which she began training as a therapist. She received her MSW from Purdue University, Indianapolis, Indiana campus. She was awarded a full scholarship with a work stipend, was the assistant to the staff family therapist; with focus on family therapy, group and individual therapy, systems theory, and communication.

Nina has maintained a private psychotherapy-practice for 29 years. During this time she has developed and utilized Pravada Sound Healing Therapy, and has received additional training in Siberian Shamanism, Reiki Therapy, medical social work, meditation, and complimentary medicine. She was one of the first sound healing therapists in the USA to implement a sound-healing program in a hospital in Eugene Oregon in the early 1980's, and has since developed similar programs in several other hospitals on the east coast. For the past four years she has taught Pravada Sound Healing at the Omega Institute. Nina has recently been hired as a sound-healing consultant in the hospice program at Cooley Dickinson Hospital in Northampton, MA. She teaches sound healing at Hampshire College through their Spiritual Life Center. Nina opened the Pravada Sound Healing Center in Leeds, Ma, and currently is offering a four-year training program in Pravada Sound Healing. She continues in her private practice of psychotherapy, shamanic sound healing, and Pravada Sound Healing, where she works with individuals, couples, families, and groups.